

# User Stories

<b>Product:</b>	Patients First Ontario	
<b>Persona:</b>	Dawn Robertson	
<b>As a</b>	<b>I want to</b>	<b>so that</b>
patient	feel more comfortable talking with my care practitioner	I can find alternatives to current medication and treatments
patient	be able to check my progress with treatments	I can feel confident about the value they are providing me
patient	learn more about my medical history	I can make lifestyle changes that benefit my overall health
patient	access my medical history on demand	I can remember information that I consider important
patient	have enough one on one time with my doctor	I can ask them as many clarifying questions as I need
patient	understand all the side effects of medication	I can prepare myself for any eventualities
patient	understand the way a treatment works	I can feel more informed about my health
patient	be reminded when to take my medication	I can remain accountable with the treatments
patient	be reminded when to visit my care practitioner in advance	I can program it on my schedule
patient	manage my medical history from a centralized place	I can feel that I have a sense of agency with my health
patient	to understand the way my doctor communicates	I can prompt for clarification and offer feedback
patient	access notes and recommendations from my doctor on the go	I can remember details of what we discussed
patient	access specific exercises discussed with my doctor	I can better manage an anxiety episode triggered by stress
patient	always remember the stressors identified through therapy	I can better prepare for one, or avoid it all together
patient	be able to send questions to my health practitioner at any point during the day	I can receive clarification on details that I might have missed
patient	share aspects about my life that I consider important with my doctor	The care they provide me feels more personal
patient	be able to find alternative care providers quickly and reliable	I can get a second opinion and inform myself more thoroughly
patient	understand my options for treatment	I can have a choice on how to proceed
patient	improve my accountability with treatments	I can get the most value out of them
patient	keep track of my health history timeline	I can see the development of my health as I age
patient	keep track of my diagnoses	I can visualize the timelines of treatments and progress
patient	feel confident offering feedback to my doctor	they can better personalize their care towards me
patient	be able to understand what my doctor is saying	I don't have to prompt them with more clarification
patient	ask questions to my doctor	I can understand exactly what type of care is being provided
patient	be empathized with by my doctor	I can feel more comfortable under their care
patient	be able to access my family health history	I can feel more proactive in my preventive care
patient	receive optimistic and encouraging health care	I can feel more confident about my involvement with my own health
health-conscious adult	know specific changes I should make to my lifestyle	I can improve my health in the long term
health-conscious adult	be able to request screening for hereditary health problems	I can be aware of my health risks as I age
health-conscious adult	be thoroughly informed of my health history	I can communicate any important health information regarding me to my family
health-conscious adult	know exactly what physical activity is best for me	I can introduce it in my schedule
professional working woman	optimize my schedule	I can prioritize my visits to my care practitioner
professional working woman	understand how my job may be impacting my health	I can make any changes to my work routine
Part-time MBA student	improve my mental health	I can optimize my academic performance

# User Stories into Epics

<b>Product:</b>	Patients First Ontario
<b>Persona:</b>	Dawn Robertson - I'm a 29 year old Research Unit Manager at a medium sized investment firm. For the last two years I have been seeing a psychiatrist that's helping me manage stress and anxiety issues.

As a	I want to	so that
	Engage in back and forth communication with my doctor	
patient	feel confident offering <u>feedback</u> to my doctor	they can better personalize their care towards me
patient	to <u>understand</u> the way my doctor <u>communicates</u>	I can prompt for clarification and offer feedback
patient	be able to <u>understand</u> what my doctor is saying	I don't have to prompt them with more clarification
patient	be able to send <u>questions</u> to my health practitioner at any point during the day	I can receive clarification on details that I might have missed
patient	ask <u>questions</u> to my doctor	I can understand exactly what type of care is being provided
	Connect with my doctor beyond health care	
patient	have enough <u>one on one time</u> with my doctor	I can ask them as many clarifying questions as I need
patient	share <u>aspects about my life</u> that I consider important with my doctor	The care they provide me feels more personal
patient	be <u>empathized</u> with by my doctor	I can feel more comfortable under their care
patient	receive <u>optimistic and encouraging</u> health care	I can feel more confident about my involvement with my own health
patient	feel more <u>comfortable talking</u> with my care practitioner	I can find alternatives to current medication and treatments
	Understand treatments and medication thoroughly	
patient	be able to check my <u>progress with treatments</u>	I can feel confident about the value they are providing me
patient	understand how a <u>treatment works</u>	I can feel more informed about my health
patient	understand <u>why</u> I'm undergoing a certain <u>treatment</u>	I can better understand its value for me
patient	understand my <u>options for treatment</u>	I can have a choice on how to proceed
patient	improve my <u>accountability with treatments</u>	I can get the most value out of them
patient	understand all the <u>side effects of medication</u>	I can prepare myself for any eventualities
patient	be reminded <u>when to take my medication</u>	I can remain accountable with the treatments
	Access doctor recommendations at any time	
patient	access <u>notes and recommendations</u> from my doctor on the go	I can remember details of what we discussed
patient	access <u>specific exercises</u> discussed with my doctor	I can better manage an anxiety episode triggered by stress
patient	always <u>remember the stressors identified</u> through therapy	I can better prepare for one, or avoid it all together
	Access, manage and track my medical history digitally	
patient	<u>learn more</u> about my medical history	I can make lifestyle changes that benefit my overall health
patient	<u>access my medical history</u> on demand	I can remember information that I consider important
patient	<u>manage my medical history</u> from a centralized place	I can feel that I have a sense of agency with my health
patient	keep track of my <u>health history timeline</u>	I can see the development of my health as I age
patient	keep track of my <u>diagnoses</u>	I can visualize the timelines of treatments and progress
patient	be able to <u>access my family health history</u>	I can feel more proactive in my preventive care
health-conscious adult	be <u>thoroughly informed</u> of my health history	I can communicate any important health information regarding me to my family
	Integrate health care in my daily life	
patient	be able to <u>find alternative</u> care providers quickly and reliably	I can get a second opinion and inform myself more thoroughly
health-conscious adult	be able to <u>request screening</u> for hereditary health problems	I can be aware of my health risks as I age
professional working woman	<u>optimize</u> my schedule	I can prioritize my visits to my care practitioner
Part-time MBA student	<u>improve</u> my mental health	I can optimize my academic performance
health-conscious adult	know <u>specific changes</u> I should make to my lifestyle	I can improve my health in the long term
health-conscious adult	know exactly what <u>physical activity</u> is best for me	I can introduce it in my schedule
patient	be <u>reminded</u> when to visit my care practitioner in advance	I can program it on my schedule
professional working woman	<u>understand</u> how my job may be impacting my health	I can make any changes to my work routine

## Chosen Epic

<b>Product:</b>	Patients First Ontario	
<b>Persona:</b>	Dawn Robertson - I'm a 29 year old Research Unit Manager at a medium sized investment firm. For the last two years I have been seeing a psychiatrist that's helping me manage stress and anxiety issues.	I'm choosing this epic because it's the one that aligns the most to my HMW statement. It touches on the need of my target user to access, manage, and keep track of their medical history. Additionally, it facilitates working with the Electronic Health Record (EHR) to achieve this goal.

As a	I want to	so that
	<b>Access, manage, and track my medical history digitally</b>	
patient	learn more about my medical history	I can make lifestyle changes that benefit my overall health
patient	access my medical history on demand	I can remember information that I consider important
patient	manage my electronic health record from a centralized platform	I can feel more agency with the management of my health
patient	keep track of my health timeline	I can see the "big picture" of my health development with age
patient	keep track of my diagnoses	I can visualize the timelines of treatments and progress
patient	be able to access my family health history	I can feel more proactive in my preventive care
health-conscious adult	be thoroughly informed of my health history	I can communicate any details when needed
patient	track the effect of treatments and medications over time	I can see their value and re-evaluate when necessary
patient	access details about my health history	I can have a more productive back and forth discussion with my doctor regarding alternative treatments
patient	make updates and verify the precision of my electronic health record	I can have access to relevant and timely information at any point in time